

# Western University Health Studies 2711B-001 (Winter 2021) Health Issues in Aging Instructor Dr. Stephen Lin Office Hours: By Appointment

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## **Course Description**

This course will examine, from an interdisciplinary perspective, fundamental issues associated with aging and the complex interaction of physical, psychosocial, and environmental issues that influence the health and well-being of older adults.

## **Prerequisite**

Health Sciences 1001A/B and 1002A/B or HS 1000

Unless you have either the requisites for this course, or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

## **Course objectives**

- 1. To provide students with an understanding of the multidisciplinary nature of issues related to health and aging at both the individual and population level.
- 2. To enable students to evaluate complex bio-psycho-social determinants of the aging process; interaction of disease, disability, frailty and the ability of our health system to cope with a rapidly aging population.
- 3. To inspire and encourage students to recognize issues in aging, engage in critical reflection and advocate change in their families, communities and in their future careers in health care.

### **Method of Evaluation**

| Online Midterm Exam (February March 3)             | 25%  |
|--|------|
| Tutorial and Participation                         | 15%  |
| Elderly Person Profile Assignment (April 9)        | 30%  |
| Online Final Exam (During April Final Exam Period) | 30%  |
| Total  | 100% |

## **Evaluation Breakdown**

### Online Midterm Exam (Wednesday, March 3) - 25%

This online midterm exam, which will take place on OWL, is worth 25% of your total grade and covers **materials from January 13 to February 24.** This exam consists of multiple-choice questions only. You should use lecture slides and class notes as your preparation materials. This exam will be delivered through OWL.

## **Tutorial Participation – 15%**

Throughout this semester, you are required to attend your assigned tutorial in which your TA

# **Weekly Topic and Reading Assignment**

| Date   | Topic & Reading                     | Tutorial    |
|--------|-------------------------------------|-------------|
| Jan 13 | Course Overview & Population Aging  | No Tutorial |
|        | Chappell & Hollander, Chapter 1 & 2 |             |

Jan 20 Social Context of Aging: Ageism

Tutori4s3T3

Funk, Chapter 2, pp. bottom of 36-48. Attitudes and Social Issues that Affect Older People.

Gendron, T.L., Welleford, E.A., Inker, J., & White, J.T. (2016). The language of ageism: Why we need to use words carefully. *The Gerontologist*, 56(6): 997-1006.

| March 3  | Midterm Exam Week  | No Tutorial |
|----------|--|-------------|
| March 10 | Informal Care in an Aging Context  | No Tutorial |
|          | Chappell & Hollander, Chapter 3  |             |
| March 17 | Continuing Care in an Aging Context                                      | Tutorial #4 |
|          | Chappell & Hollander, Chapter 4  |             |
|          | Economics & Elderly Care   |             |
|          | Chappell & Hollander, Chapter 5  |             |
| March 24 | Aging in Place & End of Life   | Tutorial #5 |
|          | Harper & Dobbs. Chapter 12, pp. 370-392; Chapter 13, pp. 410- top of 418 |             |
| March 31 | Evaluation & Improvement of the Continuing Care in Canada                | Tutorial #6 |
|          | Chappell & Hollander, Chapter 7  |             |
| April 7  | Course Review and Question   | No Tutorial |
|          | *Elderly Person Profile Due on April 7 (Online Submission)               |             |

## Full References for Reading:

Wister, A.V. (2019). *Aging as a social process: Canada and beyond* (7th edition). Don Mills, Ontario: Oxford University Press.

Funk, L. (2016). Sociological perspectives on aging. Don Mills, Ontario: Oxford University Press.

Harper, L., & Dobbs, B. (2018). *Adult development and aging: The Canadian Experience* (1<sup>st</sup> edition). Toronto: Nelson Education Ltd.

## **Important Policies**

## A Note on Plagiarism:

Students must write their assignments in their own words. Whenever students take an idea from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major scholastic offence (the Scholastic Offence Policy can be viewed in the Western Academic Calendar).

#### Plagiarism Checking:

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<a href="https://www.turnitin.com">http://www.turnitin.com</a>).

#### **Policies on Examinations**

You may not use any electronic devices during examinations. Computer marked multiplechoice tests/exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating

**Academic Consideration for Missed Work** 

Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis for a self-reported absence;

**Must communicate with their instructors no later than 24 hours** after the end of the period covered by either the self-reported absence or SMC, or immediately upon their return following a documented absence;

Are advised that all necessary documentation, forms, etc. are to be submitted to academic counselling within two business days after the date specified for resuming responsibilities

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe as to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less. The following conditions are in place for self-reporting of medical or extenuating circumstances:

- a. Students will be allowed a maximum of two self-reported absences between September and April, and one self-reported absence between May and August;
- The duration of the excused absence will be for a maximum of 48 hours from the time the Self-Reported Absence form is completed through the online portal, or from 8:30am the following morning if the form is submitted after 4:30pm;
- c. The duration of the excused absence will terminate prior to the end of the 48 hour period, should the student undertake significant academic responsibilities (e.g., write a test, submit a paper) during that time;
- d. The duration of an excused absence will terminate at 8:30am on the day following the last day of classes each semester, regardless of how many days of absence have elapsed;
- e. Self-reported absences will not be allowed for scheduled final examinations; for midterm examinations scheduled during the December examination period; or for a adam A cas a aca } A cas
- f. Self-reporting may not be used for assessments (e.g., midterm exams, tests, reports, presentations, or essays) worth more than 30% of any given course;
- g. Students must be in touch with their instructors no later than 24 hours after the end of the period covered by the Self-Reported Absence form, to clarify how they will be expected to fulfil the academic expectations they may have missed

#### **Accessibility Options:**

# http://www.registrar.uwo.ca/examinations/accommodated\_exams.html

# **Scholastic Offences**

Scholastic offences are taken seriously and students are directed to read the appropriate